

**NOTE:**

**Click on “Free choice of topic”**

- a. Press the magician on the bulbous nose**
- b. Speak your name**
- c. Read point 1 of the program**
- d. Wait 3 to 5 minutes to see if a reaction occurs**
- e. Allow your reactions to decay.**

**Continue with point 2 through point 29 of the program as a - e described**

**The points that respond, repeat 1 x daily until no further reaction is noticeable.**

**Kidneys**

1. Optimal construction and proper function of my kidneys
2. Optimal spinal control of my kidneys
3. Optimal construction and proper function of my renal cortex
4. Optimal construction and proper function of my renal medulla
5. Optimal construction and proper function of my renal papilla
6. Optimal construction and proper function of my glomeruli
7. Optimal construction and proper function of my renal corpuscle
8. Optimal construction and proper function and perfusion my renal artery interlobular
9. Optimal construction and proper function and perfusion my renal artery arcuata
10. Optimal construction and proper function and perfusion my renal arterioles rectae
11. Optimal construction and proper function and perfusion my afferent renal arteriola
12. Optimal construction and proper function and perfusion my efferent renal arteriola
13. Optimal construction and proper function and perfusion my renal vasa capillaria
14. Optimal construction and proper function and perfusion my renal interlobular veins
15. Optimal construction and proper function and perfusion my renal arcuata veins
16. Optimal construction and proper function and flow-through-ability of my renal tubulus contortus proximalis
17. Optimal construction and proper function and flow-through-ability of my renal tubulus rectus proximalis
18. Optimal construction and proper function and flow-through-ability of my renal tubulus attenuatus
19. Optimal construction and proper function and flow-through-ability of my renal tubulus rectus distalis
20. Optimal construction and proper function and flow-through-ability of my renal tubulus contortus distalis
21. Optimal construction and proper function and flow-through-ability of my renal collection duct
22. Optimal kidney-regarded function and regulation of my water balance
23. Optimal kidney-regarded long-term regulation of my blood pressure
24. Optimal and perfect excretion of uric and toxic substances
25. Optimal kidney-regarded acid-base balance
26. Optimum kidney-regarded regulation of the content of dissolved electrolyte in the blood: sodium, potassium, calcium, magnesium, phosphate, bicarbonate.
27. Optimal kidney-regarded formation of hormones: renin, erythropoietin, calcitriol, kinins, prostaglandins
28. Optimal kidney-regarded participation in the synthesis of glucose
29. Optimal kidney-brain-map and brain-map-programs-function

**Note:**

**Cen-TOOH as a magician does not replace a Doctor or Naturopaths on Earth**