

**NOTE:**

**Click on "Free choice of topic"**

- a. Press the magician on the bulbous nose**
- b. Speak your name**
- c. Read point 1 of the program**
- d. Wait 3 to 5 minutes to see if a reaction occurs**
- e. Allow your reactions to decay.**

**Continue with point 2 through point 38 of the program as a - e described**

**The points that respond, repeat 1 x daily until no further reaction is noticeable.**

**HEART**

1. Optimal construction and proper function of my heart's auricles
2. Optimal construction and proper function of my pericardium
3. Optimal construction and proper function of my heart bag suspension
4. Optimal quality and quantity and activity of my pericardium water
5. Optimal construction and proper function of my coronary arteries
6. Optimal construction and proper function of my aortic valve
7. Optimal construction and proper function of my pulmonary valve
8. Optimal construction and proper function of my tricuspid valve
9. Optimal construction and proper function of my mitral valve
10. Optimal construction and proper function of my connective tissue heart valve suspension rings
11. Optimal construction and proper function of my endocardium
12. Optimal construction and proper function of my myocardium
13. Optimal construction and proper function of my septum
14. Optimal construction and proper function of my ventricular septum
15. Optimal construction and proper function of my atrial septum
16. Optimal closed foramen ovale
17. Optimal construction and proper function of my atrioventricular valve's chordae tendinae
18. Optimal construction and proper function of my heart-papillary-muscles
19. Optimal construction and proper function of my ventricular-trabecular-muscles
20. Optimal construction and proper function of my left atrium
21. Optimal construction and proper function of my right atrium
22. Optimal construction and proper function of my left ventricle
23. Optimal construction and proper function of my right ventricle
24. Optimal stroke volume
25. Optimal cardiac output
26. Optimal heart rate:
27. Optimal construction and proper function of my sinus node
28. Optimal construction and proper function of my AV node
29. Optimal construction and proper function of my His bundle
30. Optimal construction and proper function of my right bundle branch
31. Optimal construction and proper function of my left anterior bundle branch
32. Optimal construction and proper function of my left posterior bundle branch
33. Optimal construction and proper function of my Purkinje fibers
34. Optimal cardiac refractory period
35. Optimal heart -vulnerable - phase
36. Optimal electrolyte concentration in the blood

37. Optimal spinal control of my heart

38. Optimal heart-brain-map and heart-brain-card -programs function

**Note:**

**Cen-TOOH as a magician does not replace a Doctor or  
Naturopaths on Earth**